

Mission Health named top Cardiovascular Hospital

Mission Hospital has been recognized, for a remarkable twelfth time, as one of the nation's Top 50 Cardiovascular Hospitals for 2018 by the respected IBM Watson Health (previously known as Truven Health Analytics), a leader in assessing clinical quality and value-based care.

A wide range of objective data focusing on patient outcomes, institutional efficiency, and fiscal management, is used to determine which hospitals are chosen for inclusion on the annual best list. Mission Hospital is the only hospital in western North Carolina to earn a ranking on the list. Hospitals that receive Top 50 recognition are those institutions providing patients with the most rapid access to emergency care and that perform high numbers of open-heart surgeries and successful cardiac catheterizations and interventional cardiovascular procedures such as angioplasties and stent insertions.

Specifically, the 2018 50 Top Cardiovascular Hospitals demonstrated:

Significantly higher inpatient survival than non-winning cardiovascular hospitals (21%

to 47% higher)

Fewer patients with complications (18% to 20% fewer)

Higher 30-day survival rates for acute myocardial infarction (AMI) and heart failure (HF), and coronary artery bypass grafting (CABG) patients (0.3 to 0.9 percentage points higher)

Lower readmission rates for AMI, HF, and CABG patients (0.6 to 0.9 percentage points lower)

Average lengths of stay for CABG patients that were one day lower than non-winners and 0.3 to 0.5 days lower for AMI, HF and percutaneous coronary intervention (PCI) patients \$1,333 to \$5,745 less in total costs per patient case.

And if every hospital in the nation performed at the winner's level of performance:

More than 8,900 additional lives could be saved.

Nearly 3,700 more heart patients could be complication-free-more than \$1.4 billion could be saved.

Mission Hospital performed not only within the Top 50 Cardiovascular Hospital category but among the very best on the list. Mission Hospital's cardio-

vascular care statistics reflect not only excellence in the care provided, but an overwhelming superiority in care coordination—one of the most impactful aspects of patient outcomes. During the last year, Mission Hospital performed over 5,000 diagnostic cardiac catheterizations, 2,100 interventional procedures, and 1,500 cardiac surgeries. In addition, nearly 2,400 electrophysiology procedures were performed; those are diagnostic tests or interventions which examine the heart's electrical activity and help to diagnose and repair irregular heart rhythms or arrhythmia. The hospital's cardiac clinical team consists of 42 cardiologists and five cardiac surgeons.

Only a few hospitals across the nation provide a level of cardiovascular care that is comparable to Mission Hospital's, and its performance is unmatched regionally.

The average Mission Hospital heart attack patient has their closed artery reopened within 47 minutes, on average; this places the hospital in the top 10% nationally, as it pertains to a 90-minute national benchmark expectation.



Blake Fagan MD

MAT and STOP Act information

Are you interested in learning more about Medically Assisted Treatment (MAT) such as methadone and others? Are you interested in learning? You're invited to an Information Session on December 5, 2017, at 10 a.m. to noon at Bear Creek Baptist Church in Ledger.

Do you want to know about a new law signed by Gov. Roy Cooper aimed at curbing misuse and abuse of opioids?

Blake Fagan, MD, Chief Education Officer MAHEC will be the presenter. If you plan on attending please RSVP by November 27 to Lisa Pitman: lisa.pittman3@dhs.nc.gov,

MAHEC partners with Mission Health to provide obstetrical life support training

The Mountain Area Health Education Center (MAHEC) is offering Basic Life Support in Obstetrics (BLSOSM) trainings on November 30 and December 11 at its Biltmore campus to help healthcare providers, first responders and emergency personnel effectively manage normal deliveries and obstetrical emergencies.

With the goal of improving health outcomes for mom and baby, these daylong trainings provide numerous opportunities for participants to practice real-life scenarios including normal deliveries, unusual presentations like breech or shoulder dystocia, preterm labor, and emergency deliveries requiring maternal or neonatal resuscitation.

"I'm grateful we can provide these life-saving trainings to first responders and medical providers across our region," shares Amber Henson, MD, MAHEC third-year resident and BLSO® course instructor.

These trainings are being offered to some participants at a greatly reduced cost thanks to support from Mission Health. Physicians, nurses, healthcare providers and emergency personnel are encouraged to attend.

Early registration is recommended to avoid additional mailing fees for the course syllabus that participants are required to bring to the training. Registrants must complete

and score at least 80% on a pre-course exam before attending the BLSOSM Provider Course. More details and registration information are available at www.mahec.net/blso.



The Mountain Area Health Education Center (MAHEC) is offering Basic Life Support in Obstetrics trainings on November 30 and December 11 at its Biltmore campus to help healthcare providers, first responders and emergency personnel across WNC effectively manage normal deliveries and obstetrical emergencies. These trainings are being offered to many rural providers and emergency personnel at a greatly reduced cost with support from Mission Health.

SECU continuing education scholarships

Through its member-funded SECU Foundation, State Employees' Credit Union (SECU) members have awarded 1 local student a SECU Continuing Education Scholarship valued at \$750 for study at Mayland Community College.

The scholarship recipient is Melba Speer. Melba is a friendly, determined, hard-working lady that we here at SECU couldn't have been more excited to present with this scholarship. Melba enrolled at Mayland September of 2016 and excelled to become a top student. Melba graduated in April of 2017 and has now passed the MBLEX exam and is a licensed massage therapist. She currently works at Little Switzerland and Massage Envy and is working diligently towards her dream of owning her own massage center.

Launched in 2013, the scholarship program focuses on assisting the needs of North Carolina's unemployed and underemployed citizens, military

veterans, and members of the North Carolina National Guard seeking short-term job training for new careers or retraining to advance current job skills.

Scholarship funding will be applied to tuition and other expenses associated with their eligible program of study through the Community College System's Back-to-Work Program and continuing education courses. State Employees' Credit Union's local Advisory Board member Lynn Hensley comments, "SECU's Continuing Education Scholarship is an integral part of the Foundation's community college scholarship program, supporting our state's unemployed and underemployed citizens with vocational and job skills training programs needed for today's workplace. We are proud to collaborate with North Carolina educators to help make a positive difference in the lives of these scholarship recipients as they work to build a better economic future for

themselves, their families and our communities.



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